

Family Options Counseling, LLC

Alternatives to Sexual Assault Program for Persons with Limited or Underdeveloped Skills (ASAP PLUS)

ASAP PLUS Schedule

ASAP-PLUS is an adapted treatment program specifically designed for youth who are unable to adequately obtain skills and understanding from a more cognitive approach to treatment. This program approaches treatment from a more concrete and experiential basis. The ASAP-PLUS program aims to decrease the presence and influence of risk factors and to identify strength in each youth and his/her family and environment.

Groups will take place **every Wednesday from 5:00pm-6:00 p.m.** We ask that all group members commit to attending 15 group sessions. It is important that the youth arrive on time for these sessions.

Scheduled dates:

9/24/25, 10/1/25, 10/8/25, 10/15/25, 10/22/25 (parent/guardian session with youth), 10/29/25, 11/5/25, 11/12/25, 11/19/25, 11/26/25, 12/3/25, 12/10/25 (parent/guardian session with youth), 12/17/25, 1/7/26, 1/14/26

Group will take place at: Family Options Counseling
3505 N. 124th Street.
Brookfield, WI 53005
414-431-4444

Please direct questions to **Evan Patten** or **Dr. Kimberly Young** at Family Options Counseling.
414-431-4444 Ext. 131 or epatten@familyoptions.com
414-431-4444 Ext. 101 or kyoung@familyoptions.com