

Family Options Counseling, LLC
Alternatives to Sexual Assault Program
Primary ASAP Group Schedule

In order to be enrolled in the ASAP group, youth must participate in an intake assessment at Family Options Counseling. The Clinical Director of the ASAP Program, Dr. Christina Diorio, can be reached by email or phone.

Email: cdiorio@familyoptions.com

Phone: 414-899-8011

The ASAP group portion involves 20 group therapy sessions. Each group is scheduled for 90 minutes and it is important that the youth attend all of the sessions and be on time. In the event that a group requires added sessions in order to complete the group material, the lead therapist will distribute another schedule with those changes.

Most youth also participate in individual and family therapy. These sessions continue during the course of group therapy and are scheduled separately with the family therapist. Therapists will be assigned after the Intake Assessment.

The next Primary ASAP group:

Start Date: Wednesday, July 30, 2025

Time: 5:00-6:30 PM

Facilitated by: Rebecca Messnick, M.S., LPC, NCC

Groups will be held at:

Family Options Counseling
3505 N. 124th Street
Brookfield, WI 53005
414-431-4444

Parent Group:

July 30 (*Parents only orientation session; youth do not attend this session*)

Scheduled Youth Groups:

August: 6, 13, 20, 27

September: 3, 10, 17, 24

October: 1, 15, 22, 29

November: 5, 12, 19

December: 3, 10, 17

January: 7

Please note: There is NO GROUP on October 8, 2025, November 26, 2025, December 24, 2025, or December 31, 2025.

- Once the group begins, please direct questions to Rebecca Messnick at 414-431-4444; rmessnick@familyoptions.com