

# **Family Options Counseling, LLC**

## **Girls Pride**

### **Group Schedule**

The Girls Pride program involves group and individual therapy sessions. Each session is scheduled for 60 minutes. The group sessions are scheduled in advance and it is important that the youth attend all of these sessions. You will be informed if there are additional sessions required. Individual sessions will be scheduled on an individual basis. **This schedule does not indicate an end date for your child. Sessions will continue after the last session on this schedule depending on individual needs.**

The following is a list of session times and dates for the group beginning on **November 10, 2025**. It is important that the youth arrive on time for these sessions. Groups will take place **every Monday from 3:00 - 4:00 p.m.**

Group will take place at: Family Options Counseling  
3505 N. 124th street  
Brookfield, WI 53005  
414-431-4444

**Session 1 - November 10, 2025**  
**Session 2 - November 17, 2025**  
**Session 3 - November 24, 2025**  
**Session 4 - December 1, 2025**  
**Session 5 - December 8, 2025**  
**Session 6 - December 15, 2025**  
**Session 7 - December 22, 2025**  
**Session 8 - December 29, 2025**

**Session 9 - January 5, 2026**  
**Session 10 - January 12, 2026**  
**Session 11 - January 19, 2026**  
**Session 12 - January 26, 2026**  
**Session 13 - February 2, 2026**  
**Session 14 - February 9, 2026**  
**Session 15 - February 16, 2026**

Please direct questions to Hannah Masarik, LPC-IT at Family Options Counseling (414) 436-7482 or [hmasarik@familyoptions.com](mailto:hmasarik@familyoptions.com) or Dr. Kimberly Young at Family Options Counseling. (414) 688-3786 or [kyoung@familyoptions.com](mailto:kyoung@familyoptions.com)