

Family Options Counseling, LLC

Sexuality and Gender Advocacy - Support Group

S.A.G.A. Schedule and Information:

The Sexuality and Gender Advocacy support group helps to promote inclusion, self-expression, and exploration for individuals who identify as part of the LGBTQIA+ community. SAGA takes the youth on a journey to discovering their true self without the fear of judgment. SAGA welcomes all individuals, regardless of how they identify.

Group sessions will take place every **Thursday from 5:00 p.m. - 6:00 p.m.** beginning on **January 29th, 2026**. This group will be 10 sessions total. We ask that all group members commit to attending 10 group sessions. It is important that the youth arrive on time for these sessions. If you are unable to attend a session, please reach out to the therapist leading the group to inform them ahead of time.

Scheduled dates are:

Introducing Identity and Experience	Exploring Identity and Experience
January 29th February 5th February 12th February 19th February 26th	March 5th March 12th March 19th March 26th April 2nd

Group will take place at:

Family Options Counseling
3505 N. 124th Street., Brookfield, WI 53005
414 - 431 - 4444

Please direct questions to Reilly Battease or Dr. Kimberly Young at Family Options Counseling.

414 - 431- 4444 Ext. 136 or rbattease@familyoptions.com
414 - 431- 4444 Ext. 101 or kyoung@familyoptions.com